



Parent Awareness Workshop  
Date: 3rd September 2026

A Parent Awareness Workshop was conducted to sensitise parents about the ill effects of drugs, behavioural changes during adolescence, and the warning signs they should observe in their children. The workshop was conducted by Ms Hemlata, the Visiting Counsellor of the school, and was attended by the parents of Classes VII and VIII.

The session was highly informative and interactive. Ms Hemlata guided the parents on how to identify changes in their children's behaviour, understand the underlying concerns, and deal with such situations with patience, empathy, and appropriate guidance. She also emphasised the importance of maintaining open communication with children and creating a supportive environment at home.

The workshop proved to be a valuable initiative in empowering parents to understand adolescent behaviour and take timely preventive measures to safeguard their children from undesirable activities and substance abuse.