

Report

Special Assembly- **World Heart Day**

Date – 30.09.2021

Teacher In-charge – Ms. Swati

On the occasion of heart day a special assembly was conducted, To educate the children about cardiovascular diseases. In the assembly, at first the importance of 29 September – “**World Heart day**” was explained. After that, the student of 8th class, Anjali, briefed us about the world heart day theme ‘**Use Heart To Connect**’. A student, Vannee, from class 7th explained the risk factors of heart diseases. Anshika of class 8th explained the ways to prevent cardiovascular diseases by showing some exercises and some tips were also given by her like healthy diet and happiness makes a healthy heart. At last, a message was given by Mehak of class 8 to create awareness about heart diseases.

The Youtube link of special assembly is mentioned below:-

<https://youtu.be/Mi6g8hRSSIE>