



Dress up your child and yourself in a particular colour for the day.

Make a snack of that colour.

RED SNACK TIME-Jam sandwiches, strawberry, jelly watermelon or a glass of rooh-uf-jah.

YELLOW SNACK TIME- Lemonade, mango, bread butter, banana shake,poha,lemon rice, etc.

GREEN SNACK TIME: Cucumber, lettuce sandwich, Aam panna.

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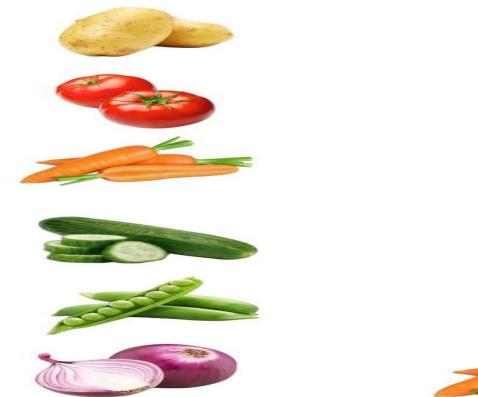
ORANGE SNACK TIME: Orange rasna or squash, orange jelly.

click the picture and take the printout

Colour the healthy fruits basket



Match with the same picture





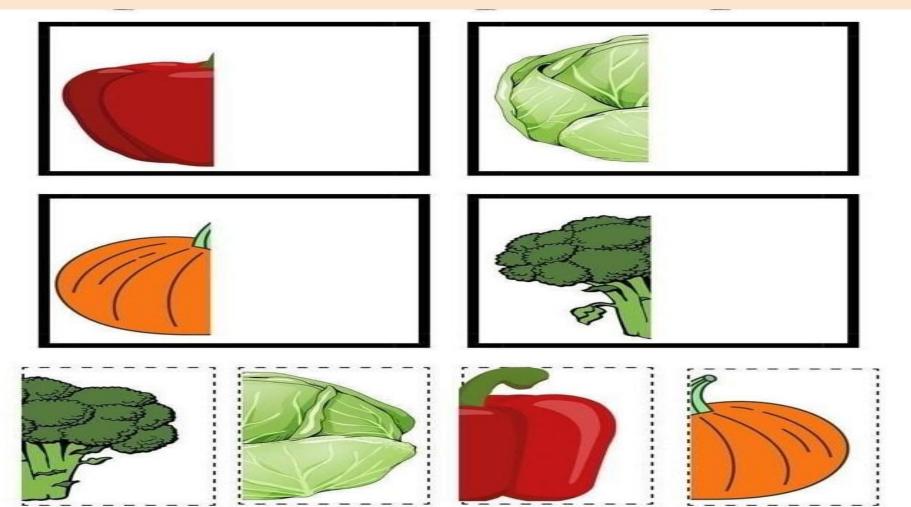
Cut and glue the vegetables in the basket



Cut and glue the fruits in the basket



Cut ,match and glue with same picture







Cut and glue the healthy and unhealthy food









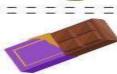






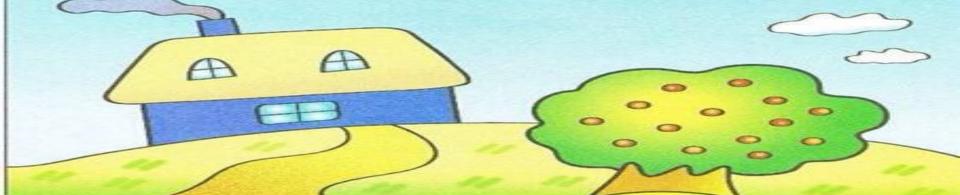






FIND THE DIFFERENCE



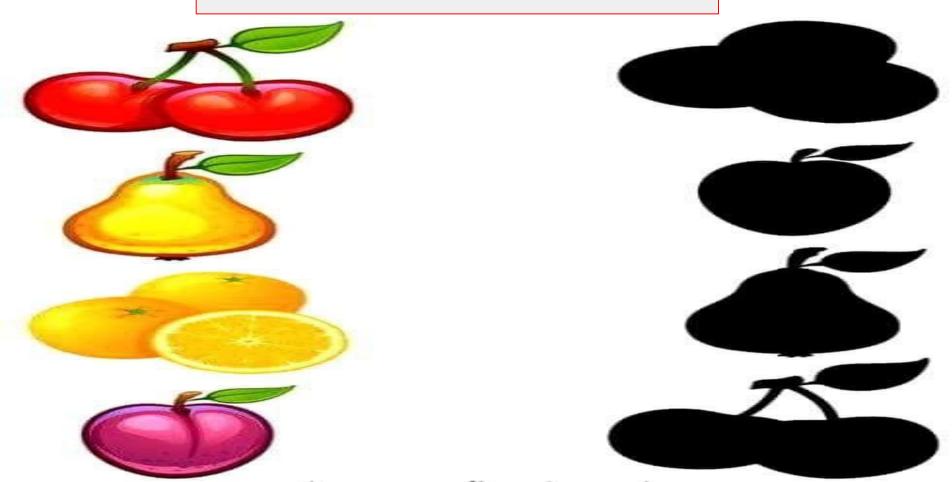


FIND THE 3 DIFFERENCES IN BOTH IMAGES





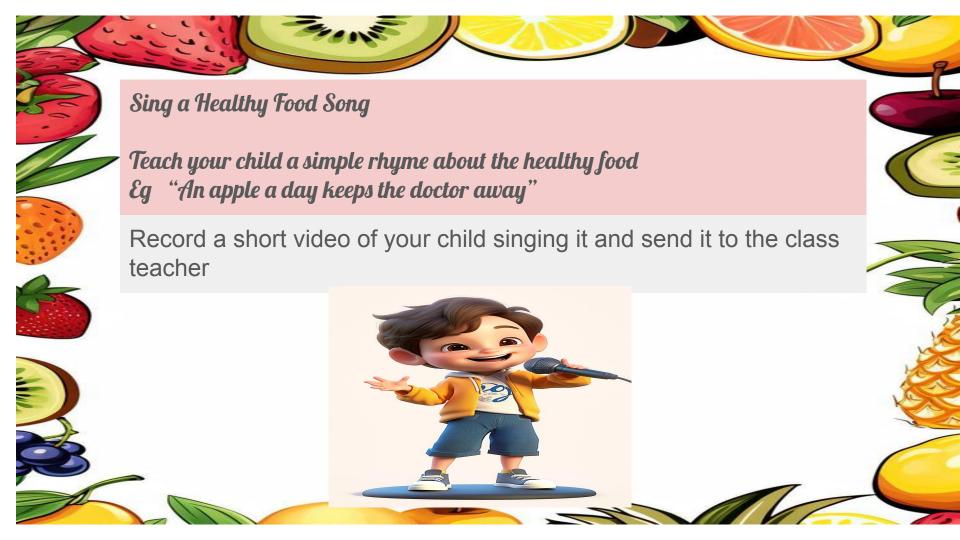
MATCH WITH THE SAME FRUITS SHADOW



MATCH WITH THE SAME VEGETABLE SHADOW







Creative work

Make any 2 Animals finger puppets or stick puppet in big size



